

Peanut Butter Protein Truffles

Ingredients

- 1 packet/1 scoop Vanilla or Chocolate Protein powder
- 1/4 cup plus 1 tbsp chunky natural peanut butter
- 1/4 cup flax meal
- 1 tsp cinnamon
- 1/2 tsp nutmeg
- 1/4 tsp vanilla extract

Directions

Mix ingredients together, then form into balls and refrigerate or freeze until firm.

Makes 12 servings

Serving size: 1 truffle

Calories: 62.9, Total Fat: 4.1 g, Total Carbs: 2.0 g, Dietary Fiber: 1.1 g, Protein: 4.3 g