

# Low Carb Chocolate Globs

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Number of Servings: 12

## Ingredients

30gm sugar-free dark chocolate

1T peanut butter

2T butter

2T cream cheese (or slightly more if you want thicker chocolate)

1tsp erythritol

1/4 cup slivered almonds

1T shredded coconut

## Directions

Melt first four ingredients over very low heat, stirring continuously.

Remove from heat and add sweetener, nuts and coconut.

Drop globs onto baking paper and refrigerate until firm - they will not become as hard as other chocolates, but they will hold their shape well. Enjoy!

Nutritional Info: Calories: 61.5; Total Fat: 5.8 g; Total Carbs: 2.2 g; Dietary Fiber: 1.3 g; Protein: 1.2 g